



CALIFORNIA ASSOCIATION OF REALTORS®

Summary of Benefits

MetLife Dental Insurance

Plan benefits effective 1/1/23

BENEFITS	VALUE PLAN		SELECT PLAN		CHOICE PLAN	
Plans at a glance						
Reimbursement	In-Network	Out-of- Network ¹	In-Network	Out-of- Network ¹	In-Network	Out-of- Network ¹
	Negotiated Fee ² Schedule	Negotiated Fee ² Schedule	Negotiated Fee ² Schedule	R&C ³ 51 st Percentile	Negotiated Fee ² Schedule	R&C ³ 70 th Percentile
Type A – Preventive	70%	70%	100%	80%	100%	90%
Type B – Basic	70%	70%	80%	60%	80%	70%
Type C – Major	70%	70%	50%	40%	50%	50%
Calendar Year Deductible	Type B & C Services	Type B & C Services	Type B & C Services			
applies to: Individual Family	\$100 \$300 Aggregate	\$100 \$300 Aggregate	\$50 \$150 Aggregate	\$100 \$300 Aggregate	\$50 \$150 Aggregate	\$50 \$150 Aggregate
Calendar Year Maximum (applies to B & C services)	\$1,000	\$750	\$1,750	\$1,000	\$2,000	\$1,500
Orthodontia	Not Covered	Not Covered	50%	50%	50%	50%
Orthodontia Annual Maximum	Not Covered	Not Covered	\$1,000	\$1,000	\$1,000	\$1,000

MetLife Preferred Dentist Program

Savings from enrolling in a dental benefits plan featuring the MetLife Preferred Dentist Program will depend on various factors, including the cost of the plan, how often participants visit the dentist and the cost of services rendered.

¹ Utilizing an out-of-network dentist for care may cost you more than using an in-network dentist.

² Negotiated Fee refers to the fees that in-network dentists have agreed to accept as payment in full for covered services, subject to any copayments, deductibles, cost sharing and benefits maximums. Negotiated fees are subject to change.

³ R&C fee refers to the Reasonable and Customary (R&C) charge, which is based on the lowest of 1) the dentist's actual charge, 2) the dentist's usual charge for the same or similar services or 3) the usual charge of most dentists in the same geographic area for the same or similar services as determined by MetLife.

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Frequency & Allocations / Exclusions – CHOICE PLAN

Class [Description: Choice plan		
		PEA	
	Benefits are payable immediately from	the star	
•	Examinations	•	2 times in 1 calendar year
•	Prophylaxis: Cleanings	•	2 times in 1 calendar year
•	Fluoride	•	1 time in 12 months for a dependent child
			under age 19
	Full Mouth or panoramic X-Rays	•	Once in 5 calendar years
•	Bitewing X-Rays	•	For a child under 19: 1 time in 6 months
		•	Adult: 1 time in 6 months
•	Periapical X-Rays	•	No frequency limitation
•	Other X-Rays	•	No frequency limitation
	Benefits are payable immediately from	PE B the star	t date of an individual's benefits
	Sealants		1 per molar in 2 years for a child under age
			19
•	Examinations – Problem Focused	•	1 time in 1 calendar year
•	Space Maintainers	•	No Limit for a child under age 17
•	Consultations	•	2 in 12 months
	Amalgam Fillings	•	1 replacement per surface in 12 Months
•	Root Canal	•	1 per tooth in 12 months
•	Periodontal Maintenance	•	2 Perio. Treatments in a calendar year,
			includes 2 cleanings (total comb: 2)
	Periodontal Surgery	•	1 per quadrant in any 36 month period
	Scaling & Root Planing	•	1 per quadrant in any 24 month period
	Prefabricated Crowns	•	1 in 12 months
	Repairs	•	No frequency limitation
	Recementations	•	No frequency limitation
•	Labs & Other Tests	•	No frequency limitation
•	Emergency Palliative Treatment	•	No frequency limitation
	General Anesthesia	•	No frequency limitation
•	Resin Composite Fillings(excludes coverage for composite fillings on molars)	•	No frequency limitation
	Pulpotomy		No frequency limitation
	Pulp Capping	-	No frequency limitation
	Pulp Therapy	-	No frequency limitation
	Apexification & Recalcification	-	No frequency limitation
-	Periodontal Surgery – Soft & Connective	-	No frequency limitation
	Tissue Grafts		No frequency minitation
	Periodontics – Non-Surgical		No frequency limitation
	Oral Surgery: Simple Extractions	•	No frequency limitation
	Oral Surgery: Surgical Extractions		No frequency limitation
-	Other Oral Surgery		No frequency limitation
	General Services		No frequency limitation
		PEC	
	Benefits are payable immediately from		rt date of an individual's benefits
•	Crown Buildups / Post Core	•	1 per tooth in 84 months
•	Dentures	•	1 in 84 months
•	Dentures – Rebases / Relines	•	No frequency limitation
•	Denture Adjustments	•	No frequency limitation
•	Fixed Bridges	•	1 in 84 months
	Inlays / Onlays /Crowns	•	1 replacement per tooth in 84 months
•	Implant Services	•	1 per tooth position in 60 months
	Implant Repairs	•	1 per tooth in 12 months

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 Implant Supported Prosthetic 	 1 per tooth in 84 Months 		
 Tissue Conditioning 	 No frequency limitation 		
 Occlusal Adjustments 	 No frequency limitation 		
Orthodontics			
Benefits are payable immediately from the start date of an individual's benefits			
 Orthodontic Diagnostics 	 No frequency limitation 		
 Orthodontic Treatment 	 No frequency limitation 		

Exclusions

I	•	Services which are not dentally necessary, those which do not meet generally accepted standards of	
I		care for treating the particular dental condition, or which we deem experimental in nature.	

- Services for which a covered person would not be required to pay in the absence of dental insurance.
- Services or supplies received by a covered person before the insurance starts for that person.
- Services which are neither performed nor prescribed by a dentist except for those services of a licensed dental hygienist which are supervised and billed by a dentist and which are for scaling or polishing of teeth or fluoride treatment.
- Services which are primarily cosmetic. (For residents of Texas: Services which are primarily cosmetic unless required for the treatment or correction of a congenital defect of a newborn child).
- Services or appliances which restore or alter occlusion or vertical dimension.
- Restoration of tooth structure damaged by attrition, abrasion or erosion unless caused by disease.
- Restorations or appliances used for the purpose of periodontal splinting.
- Counseling or instruction about oral hygiene, plaque control, nutrition and tobacco.
- Personal supplies or devices including, but not limited to: water piks, toothbrushes, or dental floss.
- Decoration or inscription of any tooth, device, appliance, crown or other dental work.
- Missed appointments.

Choice plan

- Services covered under any workers' compensation or occupational disease law.
- Services covered under any employer liability law.
- Services for which the employer of the person receiving such services is not required to pay.
- Services received at a facility maintained by the Policyholder, labor union, mutual benefit association, or VA hospital.
- Services covered under other coverage provided by the Policyholder.
- Temporary or provisional restorations.
- Temporary or provisional appliances.
- Prescription drugs.
- Services for which the submitted documentation indicates a poor prognosis.
- Services, to the extent such services, or benefits for such services, are available under a government plan. This exclusion will apply whether or not the person receiving the services is enrolled for the government plan. We will not exclude payment of benefits for such services if the government plan requires that Dental Insurance under the group policy be paid first.
- The following when charged by the dentist on a separate basis Claim form completion; infection control such as gloves, masks, and sterilization of supplies; or local anesthesia, non-intravenous conscious sedation or analgesia such as nitrous oxide.
- Dental services arising out of accidental injury to the teeth and supporting structures, except for injuries to the teeth due to chewing and biting of food.
- Caries susceptibility tests.
- Precision attachments associated with fixed and removable prostheses.
- Adjustment of a denture made within 6 months after installation by the same dentist who installed it.
- Duplicate prosthetic devices or appliances.
- Replacement of a lost or stolen appliance, cast restoration or denture.
- Intra and extraoral photographic images.
- Treatment of temporomandibular joint disorder. This exclusion does not apply to residents of Minnesota.



Frequency & Allocations / Exclusions – SELECT PLAN

Class Des	cription: Select plan		
	ТҮР		
	Benefits are payable immediately from	the star	
	aminations		2 times in 1 calendar year
	ophylaxis: Cleanings		2 times in 1 calendar year
■ Flu	Joride	•	1 time in 12 months for a dependent child
			under age 19
	Il Mouth or panoramic X-Rays		Once in 5 calendar years
 Bit 	ewing X-Rays		For a child under 19: 1 time in 6 months
- Do	rianiaal V. Dava	•	Adult: 1 time in 6 months
	riapical X-Rays her X-Rays	•	No frequency limitation
- 01	TYP		No frequency limitation
	Benefits are payable immediately from		t date of an individual's benefits
■ Se	alants		1 per molar in 2 years for a child under age
00			19
■ Ex	aminations – Problem Focused	•	1 time in 1 calendar year
■ Sp	ace Maintainers		No Limit for a child under age 17
■ Co	onsultations		2 in 12 months
	nalgam Fillings		1 replacement per surface in 12 Months
	oot Canal	•	1 per tooth in 12 months
 Pe 	eriodontal Maintenance	•	2 Perio. treatments in a calendar year,
			includes 2 cleanings
	riodontal Surgery		1 per quadrant in any 36 month period
	aling & Root Planing	•	1 per quadrant in any 24 month period
	efabricated Crowns	•	1 in 12 months
	epairs	•	No frequency limitation
	ecementations	•	No frequency limitation
	bs & Other Tests		No frequency limitation
	nergency Palliative Treatment		No frequency limitation
	eneral Anesthesia	-	No frequency limitation
	esin Composite Fillings(excludes coverage composite fillings on molars)	•	No frequency limitation
	lpotomy		No frequency limitation
	Ip Capping		No frequency limitation
	Ip Therapy	•	No frequency limitation
	exification & Recalcification	-	No frequency limitation
	riodontal Surgery – Soft & Connective		No frequency limitation
	ssue Grafts		
	riodontics – Non-Surgical	•	No frequency limitation
	al Surgery: Simple Extractions		No frequency limitation
	al Surgery: Surgical Extractions		No frequency limitation
	her Oral Surgery	•	No frequency limitation
	eneral Services	•	No frequency limitation
	ТҮР		
	Benefits are payable immediately from		
	own Buildups / Post Core	-	1 per tooth in 84 months
	entures	•	1 in 84 months
	entures – Rebases / Relines	•	No frequency limitation
	enture Adjustments	-	No frequency limitation
	ked Bridges	-	1 in 84 months
	ays / Onlays /Crowns	-	1 replacement per tooth in 84 months
	plant Services	•	1 per tooth position in 60 months
■ im	plant Repairs		1 per tooth in 12 months

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 1 per tooth in 84 Months 			
 No frequency limitation 			
 No frequency limitation 			
Orthodontics			
Benefits are payable immediately from the start date of an individual's benefits			
 No frequency limitation 			
 No frequency limitation 			

Exclusions

	Exclusions
Se	lect plan
•	Services which are not dentally necessary, those which do not meet generally accepted standards of
	care for treating the particular dental condition, or which we deem experimental in nature.
•	Services for which a covered person would not be required to pay in the absence of dental insurance.
	Services or supplies received by a covered person before the insurance starts for that person.
	Services which are neither performed nor prescribed by a dentist except for those services of a licensed
	dental hygienist which are supervised and billed by a dentist and which are for scaling or polishing of
	teeth or fluoride treatment.
-	Services which are primarily cosmetic. (For residents of Texas: Services which are primarily cosmetic
	unless required for the treatment or correction of a congenital defect of a newborn child).
-	Services or appliances which restore or alter occlusion or vertical dimension.
-	Restoration of tooth structure damaged by attrition, abrasion or erosion unless caused by disease.
	Restorations or appliances used for the purpose of periodontal splinting.
-	Counseling or instruction about oral hygiene, plaque control, nutrition and tobacco.
	Personal supplies or devices including, but not limited to: water piks, toothbrushes, or dental floss.
:	Decoration or inscription of any tooth, device, appliance, crown or other dental work. Missed appointments.
:	Services covered under any workers' compensation or occupational disease law. Services covered under any employer liability law.
	Services for which the employer of the person receiving such services is not required to pay.
•	Services received at a facility maintained by the Policyholder, labor union, mutual benefit association, or
_	VA hospital.
•	Services covered under other coverage provided by the Policyholder.
•	Temporary or provisional restorations.
•	Temporary or provisional appliances.
•	Prescription drugs.
•	Services for which the submitted documentation indicates a poor prognosis.
•	Services, to the extent such services, or benefits for such services, are available under a government
	plan. This exclusion will apply whether or not the person receiving the services is enrolled for the
	government plan. We will not exclude payment of benefits for such services if the government plan
	requires that Dental Insurance under the group policy be paid first.
•	The following when charged by the dentist on a separate basis - Claim form completion; infection control
	such as gloves, masks, and sterilization of supplies; or local anesthesia, non-intravenous conscious
	sedation or analgesia such as nitrous oxide.
•	Dental services arising out of accidental injury to the teeth and supporting structures, except for injuries
	to the teeth due to chewing and biting of food.
•	Caries susceptibility tests.
•	Precision attachments associated with fixed and removable prostheses.
•	Adjustment of a denture made within 6 months after installation by the same dentist who installed it.
•	Duplicate prosthetic devices or appliances.
-	Replacement of a lost or stolen appliance, cast restoration or denture.
•	Intra and extraoral photographic images.
-	Treatment of temporomandibular joint disorder. This exclusion does not apply to residents of Minnesota.



Frequency & Allocations / Exclusions – VALUE PLAN

Class	Description: Value plan		
		PEA	
	Benefits are payable immediately from	1	
•	Examinations	•	2 times in 1 calendar year
•	Prophylaxis: Cleanings	•	2 times in 1 calendar year
	Fluoride	•	1 time in 12 months for a dependent child under age 19
•	Full Mouth or panoramic X-Rays	•	Once in 5 calendar years
•	Bitewing X-Rays	•	For a child under 19: 1 time in 6 months
		•	Adult: 1 time in 6 months
	Emergency Palliative Treatment	•	No frequency limitation
	Periapical X-Rays	•	No frequency limitation
•	Other X-Rays	•	No frequency limitation
		PEB	
	Benefits are payable immediately from	the star	
	Sealants	•	1 per molar in 2 years for a child under age 19
•	Examinations – Problem Focused	•	1 time in 1 calendar year
•	Space Maintainers	•	No Limit for a child under age 17
-	Consultations	•	2 in 12 months
•	Amalgam Fillings	•	1 replacement per surface in 12 Months
•	Root Canal	•	1 per tooth in 12 months
•	Periodontal Maintenance	•	2 Perio. Treatments in a calendar year,
			includes 2 cleanings (total comb: 2)
•	Periodontal Surgery	•	1 per quadrant in any 36 month period
•	Scaling & Root Planing	•	1 per quadrant in any 24 month period
•	Prefabricated Crowns	•	1 in 12 months
•	Repairs	•	No frequency limitation
•	Recementations	•	No frequency limitation
	Labs & Other Tests	•	No frequency limitation
•	General Anesthesia	•	No frequency limitation
	Resin Composite Fillings(excludes coverage for composite fillings on molars)	•	No frequency limitation
	Pulpotomy	•	No frequency limitation
•	Pulp Capping	•	No frequency limitation
•	Pulp Therapy	•	No frequency limitation
•	Apexification & Recalcification	•	No frequency limitation
•	Periodontal Surgery – Soft & Connective Tissue Grafts	•	No frequency limitation
•	Periodontics – Non-Surgical		No frequency limitation
	Oral Surgery: Simple Extractions	•	No frequency limitation
	Oral Surgery: Surgical Extractions	•	No frequency limitation
•	Other Oral Surgery	•	No frequency limitation
	General Services		No frequency limitation
	TYF Benefits are payable immediately from	PE C the star	
•	Crown Buildups / Post Core	•	1 per tooth in 60 months
•	Dentures	•	1 in 60 months
	Dentures – Rebases / Relines	•	No frequency limitation
	Denture Adjustments	•	No frequency limitation
	Fixed Bridges		1 in 60 months
	Inlays / Onlays /Crowns		1 replacement per tooth in 60 months
	Implant Services	•	1 per tooth position 60 months
	Implant Repairs		1 per tooth in 12 months
		<u>I</u>	

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 Implant Supported Prosthetic 	 1 per tooth in 60 months
 Tissue Conditioning 	 No frequency limitation
 Occlusal Adjustments 	 No frequency limitation

Exclusions						
lue plan						
Services which are not dentally necessary, those which do not meet generally accepted standards of care for treating the particular dental condition, or which we deem experimental in nature. Services for which a covered person would not be required to pay in the absence of dental insurance. Services or supplies received by a covered person before the insurance starts for that person. Services which are neither performed nor prescribed by a dentist except for those services of a licensed dental hygienist which are supervised and billed by a dentist and which are for scaling or polishing of teeth or fluoride treatment.						
Services which are primarily cosmetic. (For residents of Texas: Services which are primarily cosmetic unless required for the treatment or correction of a congenital defect of a newborn child). Services or appliances which restore or alter occlusion or vertical dimension. Restoration of tooth structure damaged by attrition, abrasion or erosion unless caused by disease.						
Restoration or appliances used for the purpose of periodontal splinting. Counseling or instruction about oral hygiene, plaque control, nutrition and tobacco. Personal supplies or devices including, but not limited to: water piks, toothbrushes, or dental floss.						

- Decoration or inscription of any tooth, device, appliance, crown or other dental work.
- Missed appointments.

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- Services covered under any workers' compensation or occupational disease law.
- Services covered under any employer liability law.
- Services for which the employer of the person receiving such services is not required to pay.
- Services received at a facility maintained by the Policyholder, labor union, mutual benefit association, or VA hospital.
- Services covered under other coverage provided by the Policyholder.
- Temporary or provisional restorations.
- Temporary or provisional appliances.
- Prescription drugs.
- Services for which the submitted documentation indicates a poor prognosis.
- Services, to the extent such services, or benefits for such services, are available under a government plan. This exclusion will apply whether or not the person receiving the services is enrolled for the government plan. We will not exclude payment of benefits for such services if the government plan requires that Dental Insurance under the group policy be paid first.
- The following when charged by the dentist on a separate basis Claim form completion; infection control such as gloves, masks, and sterilization of supplies; or local anesthesia, non-intravenous conscious sedation or analgesia such as nitrous oxide.
- Dental services arising out of accidental injury to the teeth and supporting structures, except for injuries to the teeth due to chewing and biting of food.
- Caries susceptibility tests.
- Precision attachments associated with fixed and removable prostheses.
- Adjustment of a denture made within 6 months after installation by the same dentist who installed it.
- Duplicate prosthetic devices or appliances.
- Replacement of a lost or stolen appliance, cast restoration or denture.
- Intra and extraoral photographic images.
- Appliances or treatment for bruxism (grinding teeth), including but not limited to occlusal guards and night guards.
- Treatment of temporomandibular joint disorder. This exclusion does not apply to residents of Minnesota.
- Orthodontia services or appliances.
- Repair or a replacement of an orthodontic appliance.

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions of benefits, limitations and terms for keeping them in force. Please contact MetLife for complete details.