



CALIFORNIA ASSOCIATION OF REALTORS®

Summary of Benefits

MetLife Dental Insurance

Plan benefits effective 1/1/19

Plan benefits effective 1/1/19				effective 1/1/19		
BENEFITS	- VALUE PLAN		SELECT PLAN		CHOICE PLAN	
Plans at a glance						
Deimboon	In-Network	Out-of- Network ³	In-Network	Out-of- Network ³	In-Network	Out-of- Network ³
Reimbursement	Negotiated Fee ⁴ Schedule	Negotiated Fee ⁴ Schedule	Negotiated Fee⁴ Schedule	R&C ⁵ 51 st Percentile	Negotiated Fee ⁴ Schedule	R&C ⁵ 70 th Percentile
Type A – Preventive	70%	70%	100%	80%	100%	90%
Type B – Basic	70%	70%	80%	60%	80%	70%
Type C - Major	70%	70%	50%	40%	50%	50%
Calendar Year Deductible	Type B & C Services	Type B & C Services	Type B & C Services	Type B & C Services	Type B & C Services	Type B & C Services
applies to: Individual Family	\$100 \$300 Aggregate	\$100 \$300 Aggregate	\$50 \$150 Aggregate	\$100 \$300 Aggregate	\$50 \$150 Aggregate	\$50 \$150 Aggregate
Calendar Year Maximum (applies to A,B,C services)	\$1,000	\$750	\$1,750	\$1,000	\$2,000	\$1,500
Orthodontia	Not Covered	Not Covered	50%	50%	50%	50%
Orthodontia Annual Maximum	Not Covered	Not Covered	\$1,000	\$1,000	\$1,000	\$1,000

Out of Network benefits are payable for services rendered by a dentist who is not a participating provider.

⁴Negotiated Fee refers to the fees that in-network dentists have agreed to accept as payment in full for covered services, subject to any co-payments, deductibles, cost sharing and benefits maximums. Negotiated fees are subject to change.

⁵R&C fee refers to the Reasonable and Customary (R&C) charge, which is based on the lowest of 1) the dentist's actual charge, 2) the dentist's usual charge for the same or similar services or 3) the usual charge of most dentists in the same geographic area for the same or similar services as determined by MetLife.



Frequency & Allocations / Exclusions – CHOICE PLAN

	scription: Choice plan	PE A	
	Benefits are payable immediately from		rt date of an individual's benefits
• F	xaminations	- t//O Ota/	2 times in 1 calendar year
	rophylaxis: Cleanings		2 times in 1 calendar year
	luoride		1 time in 12 months for a dependent child
	1401140		under age 19
• F	ull Mouth or panoramic X-Rays		Once in 5 calendar years
	itewing X-Rays		For a child under 19: 1 time in 6 months
	g,ra,e		Adult: 1 time in 6 months
■ P	eriapical X-Rays		No frequency limitation
	Other X-Rays		No frequency limitation
		PE B	
	Benefits are payable immediately from		t date of an individual's benefits
• S	ealants		1 per molar in 2 years for a child under age
			19
• E:	xaminations – Problem Focused	-	1 time in 1 calendar year
• S	pace Maintainers	-	No Limit for a child under age 17
	onsultations	•	2 in 12 months
• A	malgam Fillings		1 replacement per surface in 12 Months
	oot Canal		1 per tooth in 12 months
■ P	eriodontal Maintenance		2 Perio. Treatments in a calendar year,
			includes 2 cleanings (total comb: 2)
■ P	eriodontal Surgery		1 per quadrant in any 36 month period
	caling & Root Planing		1 per quadrant in any 24 month period
	refabricated Crowns		1 in 12 months
• R	epairs		No frequency limitation
	ecementations		No frequency limitation
	abs & Other Tests		No frequency limitation
	mergency Palliative Treatment		No frequency limitation
	General Anesthesia		No frequency limitation
• R	esin Composite Fillings(excludes coverage		No frequency limitation
	or composite fillings on molars)		,
	ulpotomy		No frequency limitation
	ulp Capping		No frequency limitation
	ulp Therapy		No frequency limitation
	pexification & Recalcification	•	No frequency limitation
	eriodontal Surgery – Soft & Connective		No frequency limitation
	issue Grafts	1	
	eriodontics – Non-Surgical	•	No frequency limitation
	Pral Surgery: Simple Extractions	•	No frequency limitation
	oral Surgery: Surgical Extractions	•	No frequency limitation
	Other Oral Surgery	•	No frequency limitation
	General Services	•	No frequency limitation
		PEC	
	Benefits are payable immediately from		t date of an individual's benefits
• C	rown Buildups / Post Core		1 per tooth in 84 months
	entures	•	1 in 84 months
	entures – Rebases / Relines	•	No frequency limitation
	enture Adjustments		No frequency limitation
	ixed Bridges	-	1 in 84 months
	nlays / Onlays /Crowns	-	1 replacement per tooth in 84 months
	nplant Services	-	1 per tooth position in 60 months
	nplant Repairs	 	1 per tooth in 12 months

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 Implant Supported Prosthetic 	1 per tooth in 84 Months		
 Tissue Conditioning 	 No frequency limitation 		
 Occlusal Adjustments 	 No frequency limitation 		
Orthodontics			
Benefits are payable immediately from the start date of an individual's benefits			
 Orthodontic Diagnostics 	 No frequency limitation 		
 Orthodontic Treatment 	 No frequency limitation 		

Exclusions

Choice plan

- Services which are not dentally necessary, those which do not meet generally accepted standards of care for treating the particular dental condition, or which we deem experimental in nature.
- Services for which a covered person would not be required to pay in the absence of dental insurance.
- Services or supplies received by a covered person before the insurance starts for that person.
- Services which are neither performed nor prescribed by a dentist except for those services of a licensed dental hygienist which are supervised and billed by a dentist and which are for scaling or polishing of teeth or fluoride treatment.
- Services which are primarily cosmetic. (For residents of Texas: Services which are primarily cosmetic unless required for the treatment or correction of a congenital defect of a newborn child).
- Services or appliances which restore or alter occlusion or vertical dimension.
- Restoration of tooth structure damaged by attrition, abrasion or erosion unless caused by disease.
- Restorations or appliances used for the purpose of periodontal splinting.
- Counseling or instruction about oral hygiene, plaque control, nutrition and tobacco.
- Personal supplies or devices including, but not limited to: water piks, toothbrushes, or dental floss.
- Decoration or inscription of any tooth, device, appliance, crown or other dental work.
- Missed appointments.
- Services covered under any workers' compensation or occupational disease law.
- Services covered under any employer liability law.
- Services for which the employer of the person receiving such services is not required to pay.
- Services received at a facility maintained by the Policyholder, labor union, mutual benefit association, or VA hospital.
- Services covered under other coverage provided by the Policyholder.
- Temporary or provisional restorations.
- Temporary or provisional appliances.
- Prescription drugs.
- Services for which the submitted documentation indicates a poor prognosis.
- Services, to the extent such services, or benefits for such services, are available under a government plan. This exclusion will apply whether or not the person receiving the services is enrolled for the government plan. We will not exclude payment of benefits for such services if the government plan requires that Dental Insurance under the group policy be paid first.
- The following when charged by the dentist on a separate basis Claim form completion; infection control such as gloves, masks, and sterilization of supplies; or local anesthesia, non-intravenous conscious sedation or analgesia such as nitrous oxide.
- Dental services arising out of accidental injury to the teeth and supporting structures, except for injuries to the teeth due to chewing and biting of food.
- Caries susceptibility tests.
- Precision attachments associated with fixed and removable prostheses.
- Adjustment of a denture made within 6 months after installation by the same dentist who installed it.
- Duplicate prosthetic devices or appliances.
- Replacement of a lost or stolen appliance, cast restoration or denture.
- Intra and extraoral photographic images.
- Treatment of temporomandibular joint disorder. This exclusion does not apply to residents of Minnesota.



Frequency & Allocations / Exclusions – SELECT PLAN

Class	Description: Select plan	
		PE A
	Benefits are payable immediately from	n the start date of an individual's benefits
•	Examinations	 2 times in 1 calendar year
•	Prophylaxis: Cleanings	 2 times in 1 calendar year
•	Fluoride	 1 time in 12 months for a dependent child
		under age 19
•	Full Mouth or panoramic X-Rays	 Once in 5 calendar years
•	Bitewing X-Rays	 For a child under 19: 1 time in 6 months
		 Adult: 1 time in 6 months
•	Periapical X-Rays	 No frequency limitation
	Other X-Rays	 No frequency limitation
		PEB
		the start date of an individual's benefits
•	Sealants	 1 per molar in 2 years for a child under age 19
•	Examinations – Problem Focused	1 time in 1 calendar year
•	Space Maintainers	 No Limit for a child under age 17
•	Consultations	2 in 12 months
•	Amalgam Fillings	 1 replacement per surface in 12 Months
•	Root Canal	1 per tooth in 12 months
•	Periodontal Maintenance	 2 Perio. treatments in a calendar year,
		includes 2 cleanings
•	Periodontal Surgery	1 per quadrant in any 36 month period
	Scaling & Root Planing	1 per quadrant in any 24 month period
•	Prefabricated Crowns	■ 1 in 12 months
-	Repairs	No frequency limitation
-	Recementations	No frequency limitation
-	Labs & Other Tests	No frequency limitation
-	Emergency Palliative Treatment General Anesthesia	No frequency limitation
<u>:</u>	Resin Composite Fillings(excludes coverage	No frequency limitation No frequency limitation
	for composite fillings on molars)	110 Hoqueries initiation
	Pulpotomy	 No frequency limitation
	Pulp Capping	No frequency limitation
	Pulp Therapy	No frequency limitation
	Apexification & Recalcification	No frequency limitation
•	Periodontal Surgery – Soft & Connective Tissue Grafts	 No frequency limitation
•	Periodontics – Non-Surgical	 No frequency limitation
•	Oral Surgery: Simple Extractions	 No frequency limitation
•	Oral Surgery: Surgical Extractions	 No frequency limitation
•	Other Oral Surgery	 No frequency limitation
	General Services	No frequency limitation
		PE C In the start date of an individual's benefits
•	Crown Buildups / Post Core	 1 per tooth in 84 months
•	Dentures	■ 1 in 84 months
•	Dentures – Rebases / Relines	 No frequency limitation
•	Denture Adjustments	 No frequency limitation
•	Fixed Bridges	■ 1 in 84 months
•	Inlays / Onlays /Crowns	1 replacement per tooth in 84 months
•	Implant Services	1 per tooth position in 60 months
•	Implant Repairs	1 per tooth in 12 months
-	Implant Supported Prosthetic	1 per tooth in 84 Months
-	Tissue Conditioning	No frequency limitation
•	Occlusal Adjustments	 No frequency limitation

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Orthodontics Benefits are payable immediately from the start date of an individual's benefits		
 Orthodontic Diagnostics 	 No frequency limitation 	
 Orthodontic Treatment 	 No frequency limitation 	

Excl	

Select plan

- Services which are not dentally necessary, those which do not meet generally accepted standards of care for treating the particular dental condition, or which we deem experimental in nature.
- Services for which a covered person would not be required to pay in the absence of dental insurance.
- Services or supplies received by a covered person before the insurance starts for that person.
- Services which are neither performed nor prescribed by a dentist except for those services of a licensed dental hygienist which are supervised and billed by a dentist and which are for scaling or polishing of teeth or fluoride treatment.
- Services which are primarily cosmetic. (For residents of Texas: Services which are primarily cosmetic unless required for the treatment or correction of a congenital defect of a newborn child).
- Services or appliances which restore or alter occlusion or vertical dimension.
- Restoration of tooth structure damaged by attrition, abrasion or erosion unless caused by disease.
- Restorations or appliances used for the purpose of periodontal splinting.
- Counseling or instruction about oral hygiene, plaque control, nutrition and tobacco.
- Personal supplies or devices including, but not limited to: water piks, toothbrushes, or dental floss.
- Decoration or inscription of any tooth, device, appliance, crown or other dental work.
- Missed appointments.
- Services covered under any workers' compensation or occupational disease law.
- Services covered under any employer liability law.
- Services for which the employer of the person receiving such services is not required to pay.
- Services received at a facility maintained by the Policyholder, labor union, mutual benefit association, or VA hospital.
- Services covered under other coverage provided by the Policyholder.
- Temporary or provisional restorations.
- Temporary or provisional appliances.
- Prescription drugs.
- Services for which the submitted documentation indicates a poor prognosis.
- Services, to the extent such services, or benefits for such services, are available under a government plan. This exclusion will apply whether or not the person receiving the services is enrolled for the government plan. We will not exclude payment of benefits for such services if the government plan requires that Dental Insurance under the group policy be paid first.
- The following when charged by the dentist on a separate basis Claim form completion; infection control such as gloves, masks, and sterilization of supplies; or local anesthesia, non-intravenous conscious sedation or analgesia such as nitrous oxide.
- Dental services arising out of accidental injury to the teeth and supporting structures, except for injuries to the teeth due to chewing and biting of food.
- Caries susceptibility tests.
- Precision attachments associated with fixed and removable prostheses.
- Adjustment of a denture made within 6 months after installation by the same dentist who installed it.
- Duplicate prosthetic devices or appliances.
- Replacement of a lost or stolen appliance, cast restoration or denture.
- Intra and extraoral photographic images.
- Treatment of temporomandibular joint disorder. This exclusion does not apply to residents of Minnesota.



Frequency & Allocations / Exclusions – VALUE PLAN

Class	Description: Value plan	
		PE A
		the start date of an individual's benefits
•	Examinations	2 times in 1 calendar year
•	Prophylaxis: Cleanings	2 times in 1 calendar year
•	Fluoride	 1 time in 12 months for a dependent child under age 19
•	Full Mouth or panoramic X-Rays	 Once in 5 calendar years
•	Bitewing X-Rays	 For a child under 19: 1 time in 6 months
		Adult: 1 time in 6 months
•	Emergency Palliative Treatment	No frequency limitation
•	Periapical X-Rays	No frequency limitation
	Other X-Rays	No frequency limitation
		PE B the start date of an individual's benefits
	Sealants	1 per molar in 2 years for a child under age
		19
•	Examinations – Problem Focused	1 time in 1 calendar year
•	Space Maintainers	No Limit for a child under age 17
•	Consultations	■ 2 in 12 months
•	Amalgam Fillings	1 replacement per surface in 12 Months
•	Root Canal	■ 1 per tooth in 12 months
•	Periodontal Maintenance	2 Perio. Treatments in a calendar year, includes 2 eleminas (total comb. 2)
	Deriodental Curaery	includes 2 cleanings (total comb: 2) 1 per quadrant in any 36 month period
	Periodontal Surgery Scaling & Root Planing	i per quadrant in any comonan period
	Prefabricated Crowns	 1 per quadrant in any 24 month period 1 in 12 months
	Repairs	No frequency limitation
	Recementations	No frequency limitation No frequency limitation
	Labs & Other Tests	No frequency limitation No frequency limitation
-	General Anesthesia	No frequency limitation
	Resin Composite Fillings(excludes coverage	No frequency limitation
	for composite fillings on molars)	The modulator minimum of
	Pulpotomy	 No frequency limitation
	Pulp Capping	No frequency limitation
	Pulp Therapy	No frequency limitation
	Apexification & Recalcification	No frequency limitation
	Periodontal Surgery – Soft & Connective Tissue Grafts	No frequency limitation
•	Periodontics – Non-Surgical	 No frequency limitation
	Oral Surgery: Simple Extractions	No frequency limitation
	Oral Surgery: Surgical Extractions	No frequency limitation
	Other Oral Surgery	No frequency limitation
•	General Services	 No frequency limitation
		PEC
		the start date of an individual's benefits
•	Crown Buildups / Post Core	1 per tooth in 60 months
-	Dentures Palacea / Palines	■ 1 in 60 months
	Dentures – Rebases / Relines	No frequency limitation
-	Denture Adjustments	No frequency limitation 1 in 60 months
-	Fixed Bridges	1 in 60 months 1 replacement per teeth in 60 months
- :	Inlays / Onlays /Crowns	1 replacement per tooth in 60 months 1 per tooth position 60 months
<u>:</u>	Implant Services	1 per tooth position 60 months1 per tooth in 12 months
-	Implant Repairs Implant Supported Prosthetic	1 per tooth in 12 months 1 per tooth in 60 months
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 Tissue Conditioning 	No frequency limitation
 Occlusal Adjustments 	 No frequency limitation

Exclusions

Value plan

- Services which are not dentally necessary, those which do not meet generally accepted standards of care for treating the particular dental condition, or which we deem experimental in nature.
- Services for which a covered person would not be required to pay in the absence of dental insurance.
- Services or supplies received by a covered person before the insurance starts for that person.
- Services which are neither performed nor prescribed by a dentist except for those services of a licensed dental hygienist which are supervised and billed by a dentist and which are for scaling or polishing of teeth or fluoride treatment.
- Services which are primarily cosmetic. (For residents of Texas: Services which are primarily cosmetic unless required for the treatment or correction of a congenital defect of a newborn child).
- Services or appliances which restore or alter occlusion or vertical dimension.
- Restoration of tooth structure damaged by attrition, abrasion or erosion unless caused by disease.
- Restorations or appliances used for the purpose of periodontal splinting.
- Counseling or instruction about oral hygiene, plaque control, nutrition and tobacco.
- Personal supplies or devices including, but not limited to: water piks, toothbrushes, or dental floss.
- Decoration or inscription of any tooth, device, appliance, crown or other dental work.
- Missed appointments.
- Services covered under any workers' compensation or occupational disease law.
- Services covered under any employer liability law.
- Services for which the employer of the person receiving such services is not required to pay.
- Services received at a facility maintained by the Policyholder, labor union, mutual benefit association, or VA hospital.
- Services covered under other coverage provided by the Policyholder.
- Temporary or provisional restorations.
- Temporary or provisional appliances.
- Prescription drugs.
- Services for which the submitted documentation indicates a poor prognosis.
- Services, to the extent such services, or benefits for such services, are available under a government plan. This exclusion will apply whether or not the person receiving the services is enrolled for the government plan. We will not exclude payment of benefits for such services if the government plan requires that Dental Insurance under the group policy be paid first.
- The following when charged by the dentist on a separate basis Claim form completion; infection control such as gloves, masks, and sterilization of supplies; or local anesthesia, non-intravenous conscious sedation or analgesia such as nitrous oxide.
- Dental services arising out of accidental injury to the teeth and supporting structures, except for injuries to the teeth due to chewing and biting of food.
- Caries susceptibility tests.
- Precision attachments associated with fixed and removable prostheses.
- Adjustment of a denture made within 6 months after installation by the same dentist who installed it.
- Duplicate prosthetic devices or appliances.
- Replacement of a lost or stolen appliance, cast restoration or denture.
- Intra and extraoral photographic images.
- Appliances or treatment for bruxism (grinding teeth), including but not limited to occlusal guards and night guards.
- Treatment of temporomandibular joint disorder. This exclusion does not apply to residents of Minnesota.
- Orthodontia services or appliances.
- Repair or a replacement of an orthodontic appliance.

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions of benefits, limitations and terms for keeping them in force. Please contact MetLife for complete details.